

**March 2019**

# Point Pleasant Boro High School Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<b>Made to Order Salads Available</b> <b>Daily Fresh Toppings Include:</b> Tomato, Cucumbers, Carrots, Thin Sliced Onion, Sliced Black Olives, Garbanzo Beans, Shredded Red Cabbage, Hard Boiled Egg, Cold Cuts and assorted Cheese	<b>All Lunches Include:</b> Entrée, Vegetable, Fresh or Canned Fruit & Milk <b>Available Daily:</b> Sandwiches & Salads Made to Order; Fresh Baked Whole Grain Cheese Pizza; Seasoned Baked Fries; Fresh Veggie Boat; Fresh & Canned Fruit			<b>1</b> <b>Fresh Baked Whole Grain Pizza</b> Soup w/ Crackers Side Salad w/Low Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate
<b>4</b> <b>Chicken Nuggets</b> Whole Grain Roll, Potato Wedges, Peas <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>5</b> <b>Walking Beef Taco</b> Lettuce, Salsa, Cheddar Cheese, with Rice & Chips <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>6</b> <b>Spaghetti &amp; Meatballs</b> Herb Garlic Bread Side Salad <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>7</b> <b>Spicy Chicken Patty on Whole Grain Roll</b> Baked Beans Pasta Salad <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>8</b> <b>Fresh Baked Whole Grain Pizza</b> Soup w/ Crackers Side Salad w/Low Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate
<b>11</b> <b>Chicken Tenders</b> Whole Grain Biscuit, Sweet Potato Bake, Peas <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>12</b> <b>Beef or Chicken Quesadilla</b> Rice, Lettuce, Tomato, Salsa, Cheddar Cheese, Corn & Black Bean Salad <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>13</b> <b>Chicken Caesar Wraps</b> Baby Pea Salas w/Lo Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>14</b> <b>KFC Bowls</b> Popcorn Chicken, Mashed Potatoes, Corn & Cheddar Cheese w/ Gravy <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>15</b> <b>Fresh Baked Whole Grain Pizza</b> Soup w/ Crackers Side Salad w/Low Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate
<b>18</b> <b>Chicken Nuggets</b> Whole Grain Roll, Potato Wedges, Peas <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>19</b> <b>Walking Beef Taco</b> Lettuce, Salsa, Cheddar Cheese, with Rice <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>20</b> <b>Spaghetti &amp; Meatballs</b> Herb Garlic Bread Side Salad <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>21</b> <b>Chicken Caesar Wraps</b> Baby Pea Salas w/Lo Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>22</b> <b>Fresh Baked Whole Grain Pizza</b> Soup w/ Crackers Side Salad w/Low Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate
<b>25</b> <b>Grilled Chicken Chiwawa</b> Lettuce, Tomato, Salsa, Corn, Rice and Black Bean Salad <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>26</b> <b>Walking Beef Taco</b> Lettuce, Salsa, Cheddar Cheese, with Rice <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>27</b> <b>Grilled Cheese Sandwich</b> w/Vegetable Soup, and Smiley Fries, Pickle Chips <b>or/</b> Deli Sandwich Bar or Salad Plate	<b>28</b> <b>KFC Bowls</b> Popcorn Chicken, Mashed Potatoes, Corn & Cheddar Cheese w/ Gravy <b>or/ Deli Sandwich Bar or Salad Plate</b>	<b>29</b> <b>Fresh Baked Whole Grain Pizza</b> Soup w/ Crackers Side Salad w/Low Fat Dressing <b>or/</b> Deli Sandwich Bar or Salad Plate

\* This institution is an equal opportunity provider | El USDA es un proveedor y empleador que ofrece igualdad de oportunidades.

**Please notify food services of any special dietary issues**

**Student Lunch: \$3.75**  
**Milk [All Varieties]: \$.65**  
**Adult Lunch: \$5.00**