

# Are You the Parent of Someone with Special Needs?

The Point Pleasant SEPAC would like to **invite your children:**

**Please join us for our "Calming Strategies" event.**

***The children will experience  
Aromatherapy, Yoga, and Music Therapy***

*Key to Me Therapy, Bradley Beach; Sarah Stevenson, Mindful Educational Services, Point Pleasant; & Young Living Oils*

**Register for this free event at this Survey Monkey link:  
<https://www.surveymonkey.com/r/8FTNBTW>**

**Wednesday, January 30th, 2019: 7 - 8 PM**

*Ocean County Library, Boro Branch*

*Childcare provided/Children's Event*

Please RSVP by **January 23rd**  
at the link above!

<https://sites.google.com/site/sepacpointpleasant>

<https://www.facebook.com/Point-Pleasant-SEPAC-162322743923809/>

Future Meetings:

**Monday, February 25th**

***Preparing for Emergency Caregivers***

Presenter: Dr. Patricia Sciscione, PhD

Associate Professor of Nursing at Monmouth University

**Monday, May 6th**

***Recognition Of A Special Friend***

Wrap-up of 2018-2019

Elections for 2019-2020

**Monday, March 25th**

***Robert LaRue, PhD, BCBA-D***

*Director of Behavioral Research Services,*

*Douglas Developmental Disabilities Center at Rutgers*