



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WINTER SWIM SCHEDULE

(January 2 –February 24) Registration starts December 10

PARENT & CHILD STAGES | 30 MINUTES | 8 Week Session Price: \$ 148

PARENT & CHILD STAGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
A. WATER DISCOVERY 6 - 18 MONTHS						9:00 am	9:00 am
B. WATER EXPLORATION 19 - 36 MONTHS						10:00 am	10:00 am
C. PARENT & CHILD 6-36 MONTHS	9:30am	10:00am	9:30am	10:00am	9:30am		

PRESCHOOL STAGES | 30 MINUTES | 8 Week Session Price: \$148

PRESCHOOL STAGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. WATER ACCLIMATION 3 - 5 YEARS	10:00am 11:00am 12:00pm 4:00pm	9:30am 11:00am 4:00pm	10:00am 11:00am 12:00pm 4:00pm	9:30am 11:00am 4:00pm	10:00am 11:00am 4:00 pm	9:00 am 9:30 am 10:30 am	9:00 am 9:30 am 10:30 am
2. WATER MOVEMENT 3 - 5 YEARS	10:30am 11:30am 12:30pm 4:30 pm	10:30am 11:30am 4:30 pm	10:30am 11:30am 12:30pm 4:30 pm	10:30am 11:30am 4:30 pm	10:30am 11:30am 4:30pm	9:00 am 9:30 am 10:00 am 10:30 am	9:00 am 9:30 am 10:00 am 10:30 am
3. WATER STAMINA 3 - 5 YEARS	1:00pm	4:30 pm	1:00pm	4:30 pm	3:30pm	9:30 am	10:00 am
4. STROKE INTRODUCTION 3 - 5 YEARS	5:00pm		5:00pm			10:00 am	9:30 am

YOUTH STAGES | 45 OR 60 MINUTES | Session Price: \$ 168 for 45 MINUTES, \$188 for 60 MINUTES

YOUTH STAGES	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
1. WATER ACCLIMATION 6 - 12 YEARS 45 MINUTES	5:45 pm		5:45 pm			9:30 am	9:30 am
2. WATER MOVEMENT 6 - 12 YEARS 45 MINUTES							
3. WATER STAMINA 6 - 12 YEARS 45 MINUTES	5:00 pm		5:00 pm		5:00 pm	8:45 am 10:30 am	8:45 am 10:30 am
4. STROKE INTRODUCTION 6 - 12 YEARS 45 MINUTES		5:00 pm		5:00 pm		10:15 am	10:15 am
5. STROKE DEVELOPMENT 6 - 12 YEARS 60 MINUTES		5:45 pm		5:45 pm		11:00 am	11:00 am
6. STROKE MECHANICS 6 YEARS & UP 60 MINUTES		5:45 pm		5:45 pm		11:00 am	11:00 am

THE COMMUNITY YMCA

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Here for all.

Financial assistance is offered based on availability of funds.